

# Longitudinal transcriptional changes reveal genes from the natural killer cell-mediated cytotoxicity pathway as critical players underlying COVID-19 progression

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## Abstract

Patients present a wide range of clinical severities in response SARS-CoV-2 infection, but the underlying molecular and cellular reasons why clinical outcomes vary so greatly within the population remains unknown. Here, we report that negative clinical outcomes in severely ill patients were associated with divergent RNA transcriptome profiles in peripheral immune cells compared with mild cases during the first weeks after disease onset. Protein-protein interaction analysis indicated that early-responding cytotoxic NK cells were associated with an effective clearance of the virus and a less severe outcome. This innate immune response was associated with the activation of select cytokine-cytokine receptor pathways and robust Th1/Th2 cell differentiation profiles. In contrast, severely ill patients exhibited a dysregulation between innate and adaptive responses affiliated with divergent Th1/Th2 profiles and negative outcomes. This knowledge forms the basis of clinical triage that may be used to preemptively detect high-risk patients before life-threatening outcomes ensue.

## Highlights

- – Mild COVID-19 patients presented an early compromise with NK cell function, whereas severe patients do so with neutrophil function.
- – The identified co-expressed genes give insights into a coordinated transcriptional program of NK cell cytotoxic activity being associated with mild patients.
- – Key checkpoints of NK cell cytotoxicity that were enriched in mild patients include: *KLRD1*, *CD247*, and *IFNG*.

- – The early innate immune response related to NK cells connects with the Th1/Th2 adaptive immune responses, supporting their relevance in COVID-19 progression.

### eLife assessment

This **valuable** paper compares blood gene signature responses between small cohorts of individuals with mild and severe COVID-19 and claims that an early innate immune response mediated via NK cells leads to less severe infection, more rapid viral clearance, and Th1/2 differentiation. The evidence supporting the conclusions is **solid** based on the use of appropriate and comprehensive assays and analysis tools, but not definitive based on mismatched timing of samples between the two cohorts coupled with small cohort size.

## Introduction

The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) promotes several dysfunctions in human immune responses while triggering a broad spectrum of clinical presentations that range from asymptomatic infection to a mild, moderate, or sometimes lethal severe symptomatology (Ge et al., 2020 [↗](#); The, 2020 [↗](#); Wu & McGoogan, 2020 [↗](#)). Convalescent patients report prolonged COVID-19 symptoms beyond the time course for typical cold and flu events, which highlights the possibility of long-term tissue damage generated by this virus (Ladds et al., 2020 [↗](#); Nalbandian et al., 2021 [↗](#); Ryan et al., 2022 [↗](#); Subramanian et al., 2022 [↗](#)). It is known that SARS-CoV-2 triggers an immune response involving the recruitment, activation, and differentiation of innate and adaptive immune cells (Newton, Cardani, & Braciale, 2016 [↗](#)). For mildly-ill patients, these coordinated immunological efforts resolve infection but for unknown reasons the virus evades these responses in severely-ill patients to produce life-threatening COVID-19 (Park, 2020 [↗](#); Rashid et al., 2022 [↗](#); Sun, Xie, Bu, Zhong, & Zeng, 2022 [↗](#); Thorne et al., 2022 [↗](#)). The genetic background and physiological health of individual patients certainly plays a major role in the clinical presentation of COVID-19 but the exact mechanisms of how the virus evades innate and adaptive responses is not known, or why there is such great variability in severity of clinical presentation among patients. This information is critical for developing new diagnostics that detect patients who will eventually progress to severe COVID-19 before respiratory failure ensues, and furthermore, provide host and virus targets to engineer effective treatments (X. Li et al., 2021 [↗](#); Samadzadeh et al., 2021 [↗](#)).

Biomarkers linked to COVID-19 severity hold promise for detecting patients that will eventually develop severe COVID-19 (Janssen et al., 2021 [↗](#); The, 2020 [↗](#)). In this context, blood-derived cues were associated with severe COVID-19, including an imbalance in immune cell populations that included neutrophil abundance, lymphopenia, myeloid dysfunction, and T cell activation/exhaustion (Ahern et al., 2022 [↗](#); Z. Chen & John Wherry, 2020 [↗](#); Mann et al., 2020 [↗](#); Wauters et al., 2021 [↗](#)). The differential expression of select chemokines and their receptors (Khalil, Elemam, & Maghazachi, 2021 [↗](#)) with associated cytokine storm drove monocyte and megakaryocyte dysfunction in severely ill patients (Ren et al., 2021 [↗](#)). Comprehensive knowledge of host immune responses against SARS-CoV-2 is still limited but these divergent cell profiles implicated cell-to-cell signaling events occurring between the innate and adaptive cell compartments as critical for the progression of severe COVID-19 (Daamen et al., 2021 [↗](#); Rabaan et al., 2022 [↗](#); C. Wang et al., 2022 [↗](#)).

One approach to identifying changes in immune-responses affiliated with severe COVID-19 is to monitor autocrine, paracrine and endocrine signaling in individual patients over time. Temporal events associated with each type of signaling is obviously difficult to disentangle from measuring the activities of circulating peripheral cells alone because there are distinct events happening in localized microenvironments, e.g., the spleen and lymph nodes. A complementary tactic to access information about these events is to monitor gene expression for the synthesis of chemokines and cell-associated receptors as a proxy of biochemical events happening in distinct immune effector cells. Based on current knowledge, we hypothesized that critical events occurring at the earliest stages of infection necessary for effective viral clearance are either perturbed or disrupted so as to promote cytokine storm and other pathologies associated with severe outcomes. We predicted these pathological immune events may be observable by measuring changes gene expression reflecting activities in distinct effector cells during the first weeks of infection (Ahern et al., 2022 [↗](#); Bernardes et al., 2020 [↗](#); Notarbartolo et al., 2021 [↗](#); Xiong et al., 2020 [↗](#); Zheng et al., 2020 [↗](#)). However, these types of experiments require careful design because the type and quantity of all immune responses are dynamic during infections and comparing poorly-matched PBMCs may confound identification of bonafide immune dysregulation evident between patients (Bernardes et al., 2020 [↗](#); Notarbartolo et al., 2021 [↗](#); Zheng et al., 2020 [↗](#)).

Here, we designed a longitudinal investigation using well-matched samples to study how changes in gene expression in distinct immune effector cells changed during the earliest time points after diagnosis and during progression of clinical disease. We repeatedly measured whole-transcriptome profiles of peripheral blood mononuclear cells (PBMCs) from the same cohort of mildly- and severely-ill patients to identify molecular pathways that were enriched during the clinical trajectory COVID-19 over time. We used a pairwise comparison of gene expression, gene set enrichment, and weight-correlated gene network analyses to detect differential expression of genes involved with the cytotoxic signaling pathway of Natural Killer (NK) cells in mild versus severe progression of disease. We promoted a broad and integrated point of view throughout the transcriptomic analysis of functional pathways to mitigate noise and potential biases (Bastard et al., 2020 [↗](#); Delorey et al., 2021 [↗](#); Schultze & Aschenbrenner, 2021 [↗](#); S. Zhang et al., 2022 [↗](#)). We found close connectivity between NK signaling pathway genes and those of cytokine-cytokine receptor signaling pathways, along with Th1/Th2 cell differentiation genes, as part of the transcriptional circuit executed preferentially among mildly ill patients. Our results detected transcriptional circuits engaging multiple regulatory checkpoints. These findings indicated that the innate NK signaling pathway (cell cytotoxic activity) is beneficial, perhaps a critically-necessary activity needed to effectively eradicate coronavirus. We interpreted that an adaptive immune response that included early cell-mediated immunity was important for reducing disease severity in mild patients. This balance between humoral- and cell-mediated immunity appeared to be less robust in patients presenting with severe COVID-19. These results detected components of the immune response that were significantly associated with the differences in symptom severity observed between mild and severely ill COVID-19 patients. This work provides clear guidance to develop better medical practices and prevention tactics against SARS-CoV-2 and other related infectious respiratory virus (Haitao et al., 2020 [↗](#); Ponti, Maccaferri, Ruini, Tomasi, & Ozben, 2020 [↗](#); L. Zhang & Guo, 2020 [↗](#)).

## Results

### Clinical features and temporal gene expression patterns in SARS-CoV-2 infected patients

A total of 22 peripheral blood samples were obtained from eight COVID-19 patients. These samplings following a longitudinal schedule complemented with 2 samples from healthy donors. All patients were recruited after an average period of 5 days after symptoms onset (**Figure 1A** [↗](#)). Some samples were taken from patients at the Hospital of Osorno and the Hospital of Puerto

Montt, which are cities located in the region Los Lagos. The remaining samples were collected from patients at the Hospital Base and Clínica Alemana in Valdivia, a city located in the Region Los Ríos. All infections occurred between November 2020 and May 2021 (**Table 1** [↗](#)).

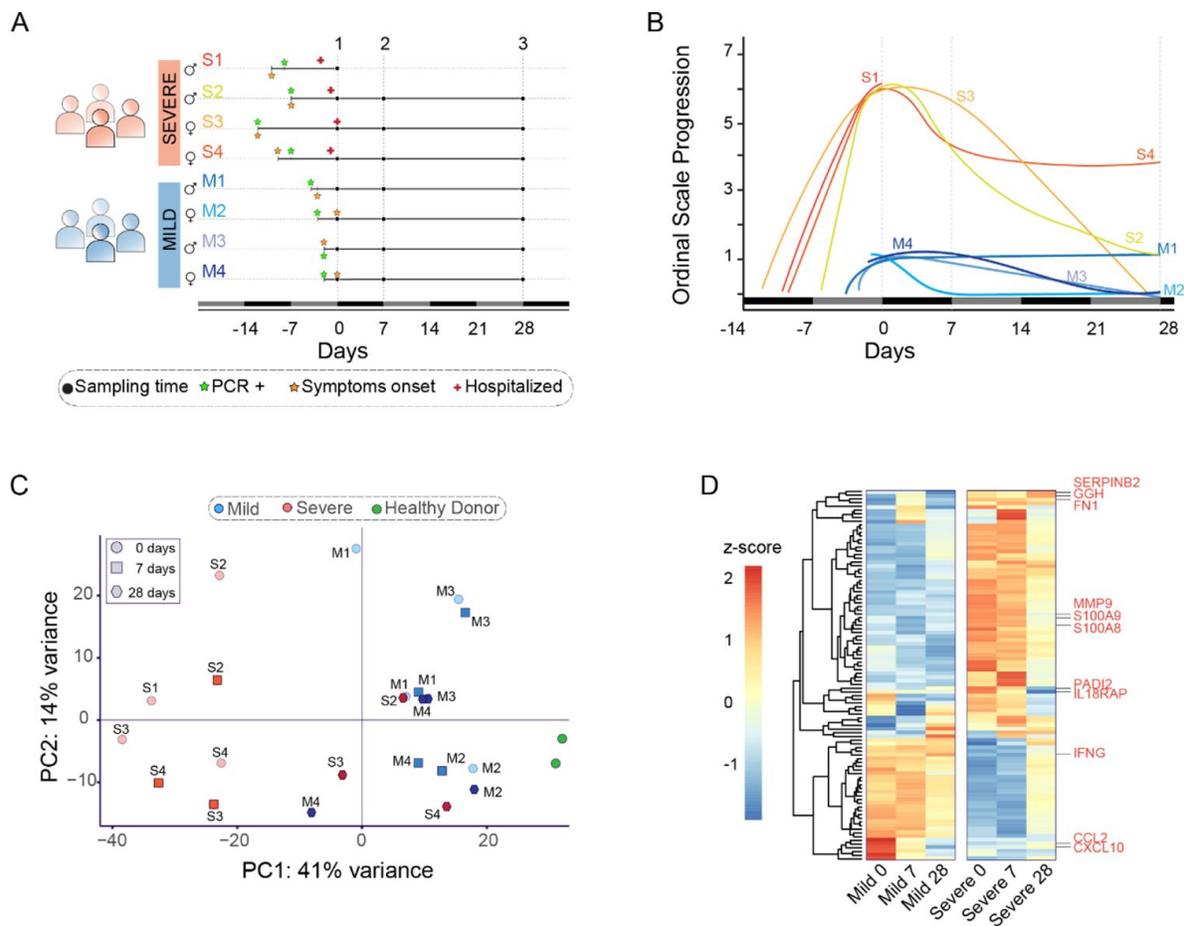
A crucial issue with longitudinal studies is defining an appropriate sampling schedule that provides a reasonable comparison between patients during the time course of naturally occurred infections. To align the comparability and consistency of data measured between patients, we designed a protocol consisting of three donations per patient to monitor events occurring during both acute infection and the recovery phase. We collected peripheral blood samples on days 0, 7, and 28 following patient recruitments. We ensured that our cohort of severely ill patients were enrolled on their first day of hospitalization, although peripheral blood samples were collected an average of ten days after the first onset of symptoms in this cohort. In contrast, we obtained samples collected on average one day after symptom onset in patients with mild COVID-19.

Clinical features of COVID-19 patients with mild and severe symptoms were determined by medical personnel at the hospitals mentioned above and used to describe their disease trajectories over time using the WHO ordinal scale ([Ahern et al., 2022](#) [↗](#)) (**Figure 1B** [↗](#)). In contrast to mild patients, all four ICU patients experienced symptoms such as fever, cough, headache, chills, diarrhea, myalgia, and dyspnea (**Table 1** [↗](#)). These patients received mechanical ventilation on sampling day 0. In general, symptoms from severe and mild patients diminished gradually up to day 28 after recruitment, with the exception of one mild and another severe patient who still experienced mild symptoms.

Mild and severely ill patients displayed different transcriptional programs at the beginning of disease onset. To determine the gene expression profiles of each patient over the time of disease progression, we developed an RNA-seq approach that takes advantage of the longitudinal sampling scheme. By using all expressed genes, we performed a Principal Component Analysis to compare the transcriptional signatures of each patient and two healthy donors. All peripheral blood samples from severe ICU patients on day 0 (represented by red circles) were widely dispersed over the left of Principal Component 1 (PC1) (**Figure 1C** [↗](#)), in contrast with mild patients on day-0 (represented by blue circles), suggesting that both groups of patients displayed different transcriptional programs at the beginning of the disease.

The transcriptional profiles of severely ill patients changed during the recovery phase to be consistent with that observed in mildly ill patients. Gradually, along with disease progression and medical treatments, samples from severely ill patients shifted to the right of PC1 (day-7 and day-28). Interestingly, on day-28, when the majority of patients had recovered, samples from severely ill patients were still mixed compared to those with mild symptoms. These observations indicated that despite the transcriptional profiles being closer to that of mild patients at day 28 as compared to day 0, severely ill patients still exhibited higher variability between themselves and controls (**Figure 1C** [↗](#)). In contrast, every mild COVID-19 patient was separated from the severe group on day-0 and day-7. Notably, only one mild COVID-19 patient (M1) clustered with severe patients at day 0. This donor showed a broader set of symptoms over time between mild patients (**Figure 1B** [↗](#)). This evidence indicated an accentuated transcriptional response in that donor at the onset of the disease. Over time, and after medical treatments, the transcriptional program of this patient shifted to be consistent with the other patients (**Figure 1C** [↗](#)).

The timing of COVID-19 related gene expression differed between mild and severely ill patients. We focused on the temporal variation of gene expression to identify differentially expressed genes associated with COVID-19 progression. We found statistically-significant differences in the timing of differential gene expression between mild and severely ill individuals (**Figure 1D** [↗](#) and figure supplement 1). We observed that ICU patients displayed a transcriptional response completely different from that of mild patients at the sequential time points of day 0 and day 7 (**Figure 1D** [↗](#)). Previous longitudinal studies identified molecular markers associated with severe COVID-19



**Figure 1.**

Clinical profile and gene expression patterns for mild and severe COVID-19 patients during 28 days post-infection. **A.** Longitudinal sampling schedule for severe and mild COVID-19 donors of peripheral blood (22 samples in total from 8 donors). Three sampling times (black dots) are displayed with respect to the recruitment day (day 0). In addition, panel A shows the diagnosis day with positive PCR (green star), symptoms onset day (orange star), and hospitalization day (red cross). **B.** The COVID-19 progression according to the WHO ordinal scale describes the temporal disease severity for each donor. Severe patients (S1-S4) are displayed in lines with colors scaling from green to red, while mild patients (M1-M4) are shown in blue line colors. The X-axis represents the days relative to the recruitment day. The vertical dot lines indicate the three sampling times used in this study (days 0, 7, and 28). **C.** Principal Component Analysis plot based on gene expression profiles for mild (blue) and severe (red) COVID-19 patients and grouped by their sampling time (0, 7, and 28 days after recruitment). In addition, peripheral blood samples from two healthy donors are shown in green. PC = Principal Component. **D.** Heatmap of the 100 most significant differentially expressed genes related to the COVID-19 disease progression. At the bottom, each column corresponds to the sampling points (0, 7, and 28 days since recruitment) of mild and severe patients. Genes are displayed as horizontal rows and are clustered by the similarity of expression profiles, represented by the dendrogram to the left of the heatmap. Red indicates higher expression, while blue means lower expression represented by the z-score of normalized read counts. Some COVID-19 severity-associated genes previously reported are indicated to the right of the heatmap in red.

<b>CLINICAL CHARACTERISTICS</b>	<b>MILD</b>	<b>SEVERE</b>	<b>ALL</b>
<b>Sex, n (female/male)</b>	(2/2)	(2/2)	(4/8)
<b>Total, n</b>	4	4	8
<b>Median age, years <math>\pm</math> SD</b>	39.0 $\pm$ 3.9	46.7 $\pm$ 8	42.9 $\pm$ 7
<b>Days from onset of symptoms to recruitment, median <math>\pm</math> SD</b>	1.2 $\pm$ 1.3	10.0 $\pm$ 1.8	5 $\pm$ 4.7
<b>Days from covid-19 diagnosis to recruitment, median <math>\pm</math> SD</b>	3.0 $\pm$ 0.7	8.5 $\pm$ 2.1	6 $\pm$ 3.4
<b>Symptoms, n (%)</b>			
<b>Fever</b>	1 (25%)	3 (75%)	4 (50%)
<b>Chills</b>	1 (25%)	2 (50%)	3 (37.5%)
<b>Fever feeling</b>	1 (25%)	2 (50%)	3 (37.5%)
<b>Odynophagia</b>	2 (50%)	1 (25%)	3 (37.5%)
<b>Cough</b>	1 (25%)	4 (100%)	5 (62.5%)
<b>Expectoration</b>	-	-	-
<b>Dyspnoea</b>	-	4 (100%)	4 (50%)
<b>Thoracic pain</b>	1 (25%)	1 (25%)	2 (25%)
<b>Diarrhea</b>	1 (25%)	2 (50%)	3 (37.5%)
<b>Anosmia</b>	1 (25%)	-	1 (12.5%)
<b>Ageusia</b>	1 (25%)	-	1 (12.5%)
<b>Myalgia</b>	1 (25%)	2 (50%)	3 (37.5%)
<b>Headache</b>	2 (50%)	1 (25%)	3 (37.5%)
<b>Treatment</b>			
<b>Hospitalization, n (%)</b>	-	4 (100%)	4 (50%)
<b>Intubation, n (%)</b>	-	4 (100%)	4 (50%)
<b>Mechanical ventilation, n (%)</b>	-	4 (100%)	4 (50%)
<b>Samples, n</b>	12	10	22

**Table 1.**

**Clinical characteristics of the cohort**

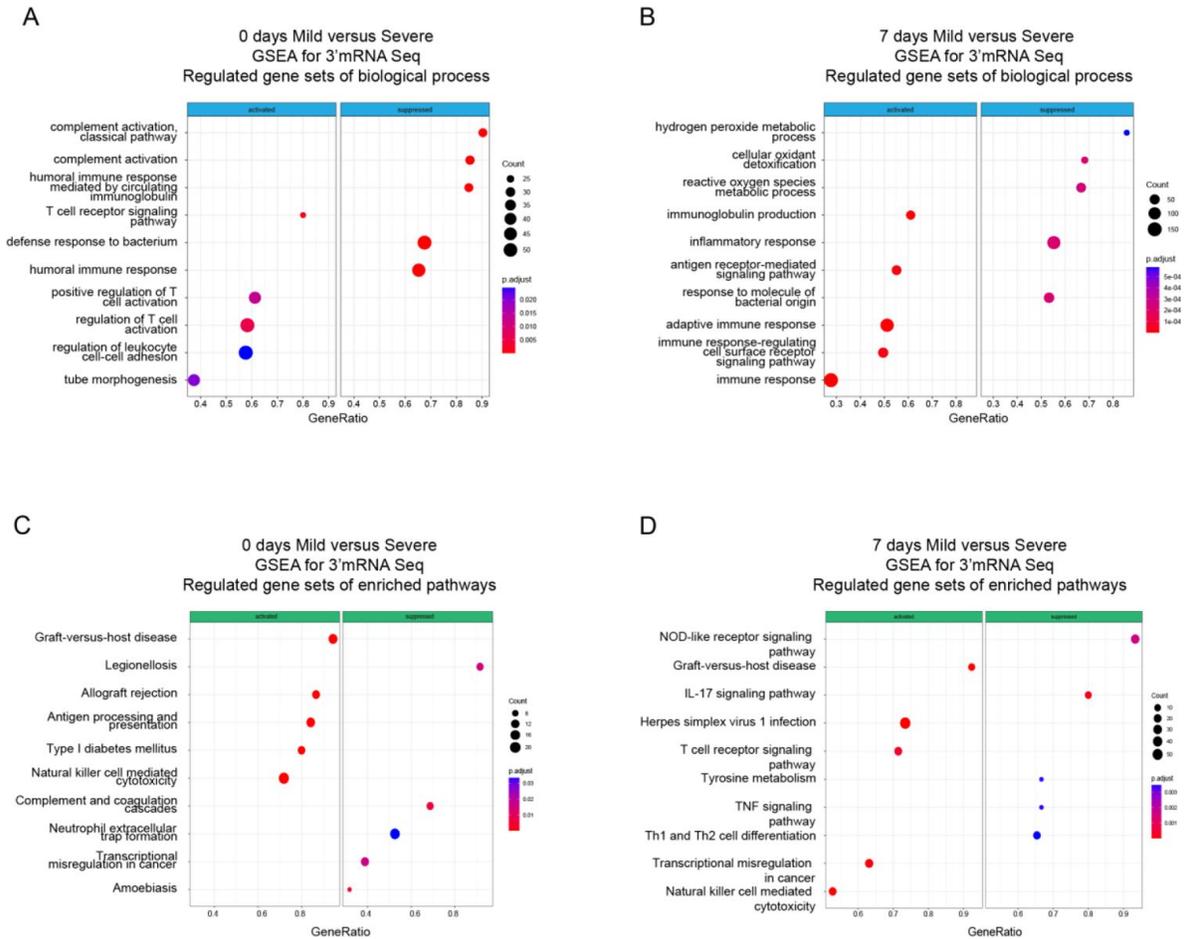
(Bernardes et al., 2020 [↗](#); Notarbartolo et al., 2021 [↗](#); Zheng et al., 2020 [↗](#)), We detected these same molecular markers in our severely ill cohort (**Figure 1D** [↗](#)). The expression profiles of those genes varied significantly between mild and severe patients. For instance, the expression of MMP9 metalloproteinase (Zheng et al., 2020 [↗](#)), S100A8/A9 alarmins (Bernardes et al., 2020 [↗](#)), PADI2 (Notarbartolo et al., 2021 [↗](#)) and IL18Rap peptidyl-arginine deiminases (Masood et al., 2021 [↗](#); Schultze & Aschenbrenner, 2021 [↗](#)) were higher in ICU patients on day-0 than mild or control patients (**Figure 1D** [↗](#)). In addition, we found that *IFNG*, *CCL2*, and *CXCL10* cytokines, which were previously described as molecular markers in severely ill patients (Sette & Crotty, 2021 [↗](#); Vabret et al., 2020 [↗](#)), displayed low expression in our ICU COVID-19 patients in comparison with mildly ill patients during the progression of disease (**Figure 1D** [↗](#)).

## The immune response of mild and severe patients is activated differentially during the acute phase of the COVID-19 infection

Most of the variations observed in the gene expression profiles of mild and severely ill patients occurred during the acute phase of disease. We performed pairwise gene expression comparisons between mild and severe patients and found differentially expressed genes (DEGs) mainly on day 0 and day 7. On day-0, we found a total of 812 DEGs including 298 up-regulated and 514 down-regulated genes (figure supplement 2). On day 7, the number of DEGs was similar to day 0, with 319 genes showing higher expression and 563 genes with lower expression (figure supplement 2). We found no differential gene expression between mild and severe patients at day 28, supporting the interpretation that most imbalances in the gene expression profiles in the PBMCs of severely ill patients leveled out by day 28 (**Figure 1C** [↗](#)).

Functional pathways involved with humoral immunity were enriched in severely ill patients during the acute phase compared to pathways involved with cell-mediated immunity in mild patients. The above results provided only a course overview of the transcriptional responses during COVID-19 progression. We expanded our focus to detect molecular mechanisms and pathways involved in the immune responses of all patients by linking functional pathways to differentially expressed genes (DEGs) detected between severely ill, mildly ill and control patients. We used a 2-fold change in gene expression level as a threshold to identify DEGs between mild and severe patients on days 0 and 7. We found regulated expression for genes involved in biological processes that included the T receptor signaling pathway, positive regulation of T cell activation, and regulation of leukocyte cell adhesion in mild COVID-19 patients at day 0 (**Figure 2A** [↗](#)). We observed genes involved with immunoglobulin production, antigen receptor-mediated signaling pathway, and adaptive immune response were up regulated at day 7 (**Figure 2B** [↗](#)). In contrast, we observed enrichment of gene expression in pathways involved with complement activation, humoral immune response mediated by circulated immunoglobulin, and defense response to bacterium on day-0 in severe COVID-19 patients. Furthermore, DEGs in functional pathways mediating hydrogen peroxide metabolic processes, cellular oxidant detoxification and reactive oxygen species were enriched on day-7 of infection in this group (**Figures 2A** [↗](#) and **2B** [↗](#)). Biological pathways consistent with a robust lymphocyte cellular immune response were enriched on day-0 in mild patients. This functional profile is distinctly different to the antibody / complement-dependent humoral immune responses observed in severely ill individuals at the same time point (**Figure 2A** [↗](#)). Nonetheless, differential expression of genes associated with immunoglobulin function were mainly enriched in mild patients at day 7 (**Figure 2B** [↗](#)), while severe patients showed enrichment for genes related to inflammation, reactive oxygen species (ROS), and responses against bacteria at that time of infection (**Figure 2B** [↗](#)).

In addition to enriched biological processes, we also focused on KEGG pathway enrichment among DEGs at day 0 and day 7 after COVID-19 infection. On day 0, mild and severe patients showed considerable differences in terms of the innate response, with the Natural Killer-mediated cytotoxicity pathway enriched in mild-infected patients, while neutrophil extracellular trap formation was enriched in severe ones (**Figure 2C** [↗](#)). Furthermore, DEGs associated with the



**Figure 2.**

Gene Set Enrichment Analysis (GSEA) shows biological processes and enriched pathways associated to innate and adaptive immune response after SARS-CoV-2 infection. **(A – B)** Bubble plots show the biological processes (BP) of enriched genes for DEGs between mild and severe for day-0 and day-7 after recruitment, respectively. **(C – D)**. Bubble plots show the KEGG enriched pathways of enriched genes for DEGs between mild and severe for day-0 and day-7, respectively. The *Count* (black circles) represents the number of genes included on each set. *Generatio* is the ratio between numbers of genes found in the set and total genes of set. The scale-color bar indicates the p-adjustment of each BP or KEGG pathway.

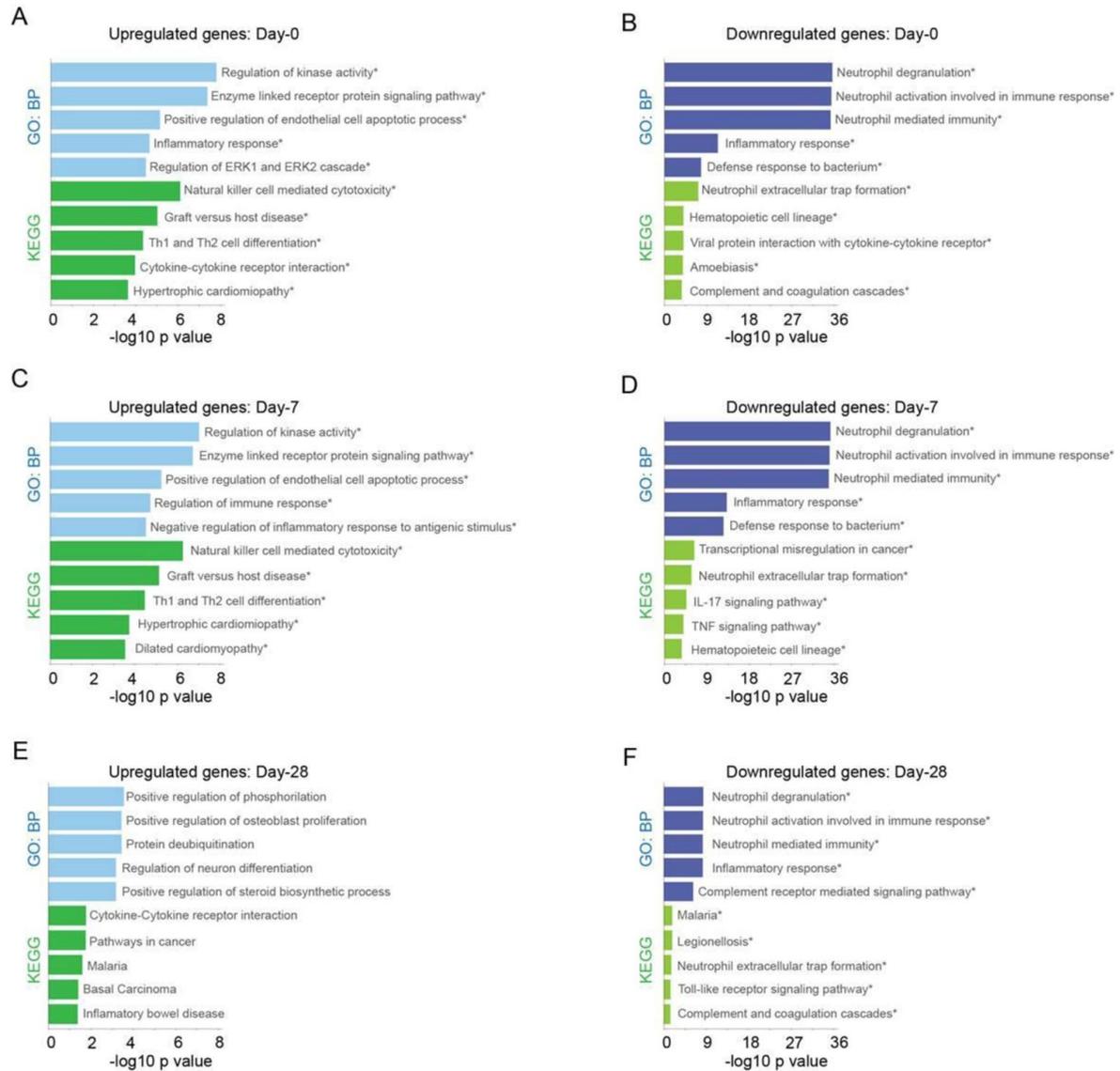
antigen processing and presentation pathways are enriched in mild COVID-19 patients, in contrast with the enrichment of complement and coagulation cascade pathways in severely ill patients (**Figure 2C** [↗](#)). On the other hand, on day 7 of the COVID-19 infections, Natural Killer cell mediated cytotoxicity is one of the main enriched pathways in the mild-infected group, whereas IL-17 signaling is the most significant pathway in the severe-infected group (**Figure 2D** [↗](#)). This finding is remarkable because besides COVID-19 IL-17 is affiliated with other clinical pathophysiologies in which a dysregulation between innate and adaptive immune responses such as myocarditis and lupus (S. Y. Lee et al., 2019 [↗](#); Rangachari et al., 2006 [↗](#); Sadeghi et al., 2021 [↗](#)).

Taken together, we show that there are distinct transcriptional responses along the COVID-19 progression, which suggest that immune responses to SARS-CoV-2 infection occur differently in individuals; thus, there might exist a differential imprinting associated with the severity of the COVID-19 infection.

### 3.3 Higher expression of NK cell hub-genes is a core event of acute phase that distinguishes mild from severe symptoms in COVID-19 individuals

Given that our findings pointed out changes in the immune response after SARS-CoV-2 infection of the patients cataloged as mild and severely ill, we decided to further investigate the molecular pathways that might be responsible of the differences observed between patient groups during COVID-19 progression. We detected 828 genes that exhibited temporal and quantitative expression level differences during the progression of disease. We discovered additional biological processes and KEGG pathways that were differentially enriched during the COVID-19 progression in mild and severe patients (**Figure 3** [↗](#)) using the Enrichr platform (G. Chen et al., 2020 [↗](#)). For instance, mild-infected patients exhibited expression of genes involved in kinase activity, enzyme-linked receptor activity, and apoptotic process not only at day 0 (acute phase) but also at day 7 (middle phase) (**Figures 3A** [↗](#) and **3C** [↗](#)). In contrast, severely ill patients exhibited high level expression of genes involved in neutrophil activity. This observation was the most notorious outcome elicited by SARS-CoV-2 during acute COVID-19 in this group (**Figures 3B** [↗](#), **3D**, and **3F**). We observed that Natural Killer cell cytotoxicity was the most enriched pathway among the temporal and differential expressed genes in mildly ill patients during the acute phase (**Figures 3B** [↗](#) and **3C** [↗](#)). Among these enriched genes, we found abundant membrane receptor genes that included *KLRC1*, *KLRC3*, *KLRD1*, *KIR3DL2*, *NCR3*, as well as other intra- and extra-cellular effectors that included *SH2D1A*, *PRF1*, *GZMB*, *FASLG*, *ZAP70*, *IFNG*, *CD247*, and *LAT*. Furthermore, the *ZAP70*, *CD4*, *IFNG*, *IL2RB*, *STAT4*, *CD247*, *DLL1*, *LAT*, and *IL12RB2* gene were enriched in COVID-19 mild patients during the acute phase (**Figure 3** [↗](#)). This data indicated that the Th1/Th2 cell differentiation pathway was robust and active during this phase and likely played an important role in the effective adaptation to dynamic events during the progression of the infection that protected mildly ill patients from experiencing severe symptoms. Interestingly, metabolic pathways involved with hematopoietic cell lineages were enriched in severely ill patients at this matched moment in time with the mildly ill patients (**Figure 3B** [↗](#) and **3D** [↗](#)). Collectively, these observations indicate that coordination between humoral and cell mediated immunity were more tightly regulated in mildly ill patients than in severely ill patients.

To confirm the importance of the differentially enriched pathways between mild and severe COVID-19 patients, we focused on analyzing the context of gene-gene interactions (**Figure 4A** – **figure supplement 1** [↗](#)) and changes in their quantitative expression levels overtime graphed as a heatmap (**Figure 4B** [↗](#)). The genes displayed in this KEGG pathway graph represent the up-regulated genes (red boxes) in mild patients and their interactions involved in NK cell-mediated cytotoxicity (**Figure 4A** [↗](#)). Interestingly, all these genes showed overtime trajectories with high levels on days 0 and 7 in mild patients. These gene expression levels became roughly equivalent by day-28 in both the mild and severe groups (**Figure 4B** [↗](#)). Complementing these observations, we constructed a protein-protein interaction (PPI) network using only upregulated genes during the



**Figure 3.**

Biological processes and KEGG pathway for genes with differential expression levels over time in mild versus severe patients. Bar plots show Gene ontology analysis for biological processes in light-blue/dark-blue and KEGG pathway in light-green/dark-green, using upregulated genes (**A - C - E**) and downregulated genes (**B - D - F**). The size of each bar is according to its  $-\log_{10} p$ -value, and name pathways with asterisk indicates a  $q$ -value  $\leq 0.05$ .

early phase (days 0 and 7), followed by a clustering process that detected proteins with more significant interactions among the selected genes (**Figure 4C** [↗](#)). Notably, we detected KLRD1, CD247, and IFNG as central nodes of protein-protein interaction networks. This finding makes sense because these proteins exhibit numerous interactions with other proteins involved in activating or inhibiting NK cell cytotoxicity (e.g., KLRC1, KLRC3, and KIR3DL2), as well as Th1/Th2 cell differentiation (CD4) and cytokine-cytokine receptor interaction (IL5RA, IL2RB). In **figure 4D** [↗](#), we show the comparative trajectories of these node-genes between both groups of severity. Interestingly, we found a convergence of KLRD1 and CD247 genes on day-28, while IFNG remained differentially expressed between patient groups.

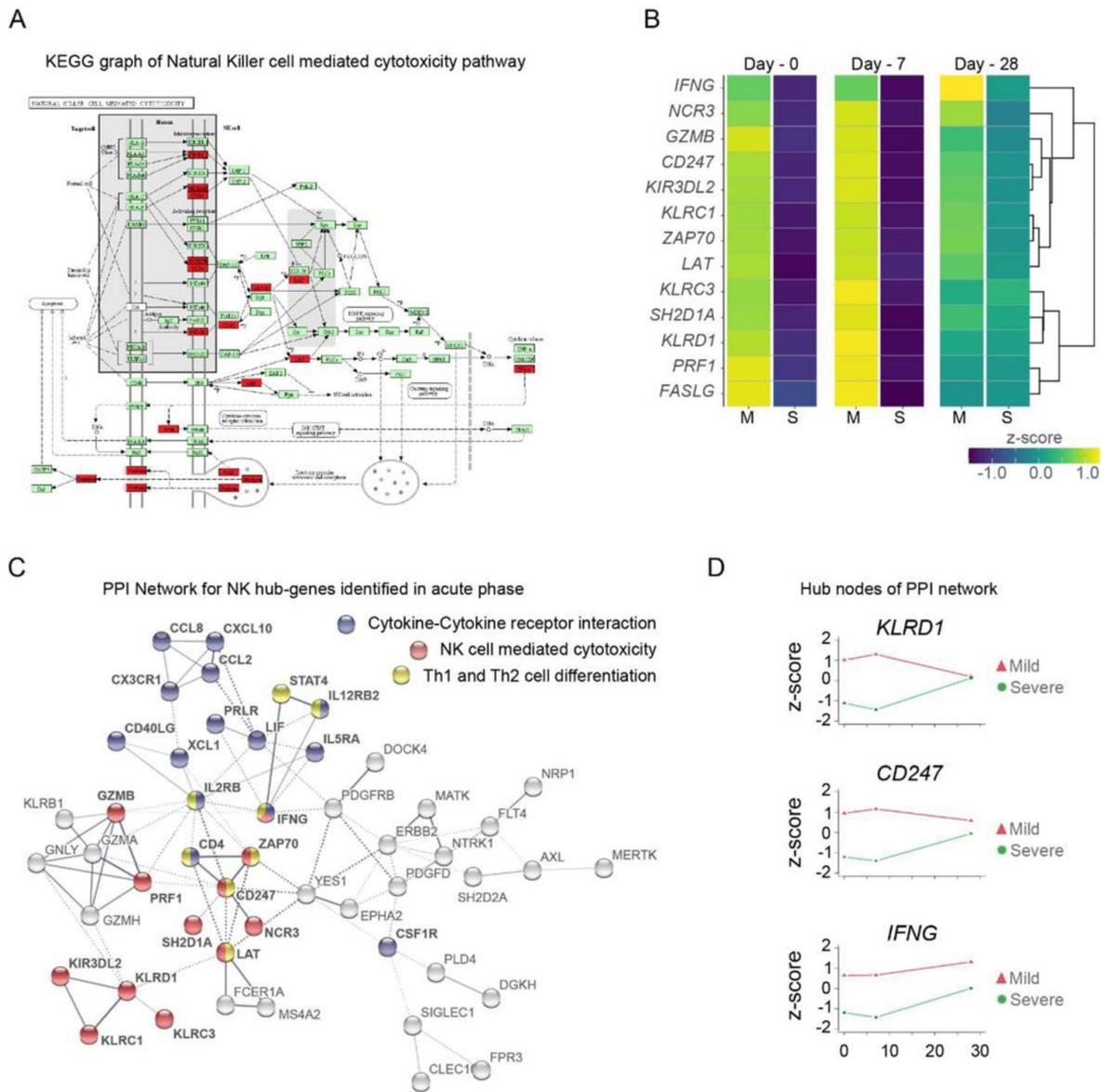
Once we identified the trajectories of NK cell hub-genes participating in COVID-19 progression, we asked whether there were any DEGs (adj.  $p < 0.05$  and  $\log_2$ -fold change  $\geq 2.0$ ) obtained from a pairs-wise comparison of mildly and severely ill patients at days 0 and 7 that would have been left out from the longitudinal analysis. Given that the number of DEGs at each time point is higher when compared to the list of genes exhibiting differential trajectories, we performed a GO and pathways analysis with the new set list of genes (**Supplementary figure 4** [↗](#)). The main result showed that Natural Killer cell mediated cytotoxicity was predominant on day 7. This finding reinforced the interpretation that there is a dysregulation of innate immunity, as previously suggested in severe patients (Paludan & Mogensen, 2022 [↗](#)), with an over-representation of neutrophil activation.

**Supplementary figures 5** [↗](#) and 6 summarize the pathway and PPI network analysis for these genes on day-0 and day-7, respectively, and show the predominant enrichment of NK genes. Taken together, these data are consistent with an active and regulated innate NK cytotoxic immune response mounted during the acute phase of infection in mild COVID-19 patients. This observation contrasts with the humoral- and neutrophil-biased response observed in severely ill individuals.

## Gene co-expression identifies NK hub genes linked to the innate and adaptive immune response of mild COVID-19 patients

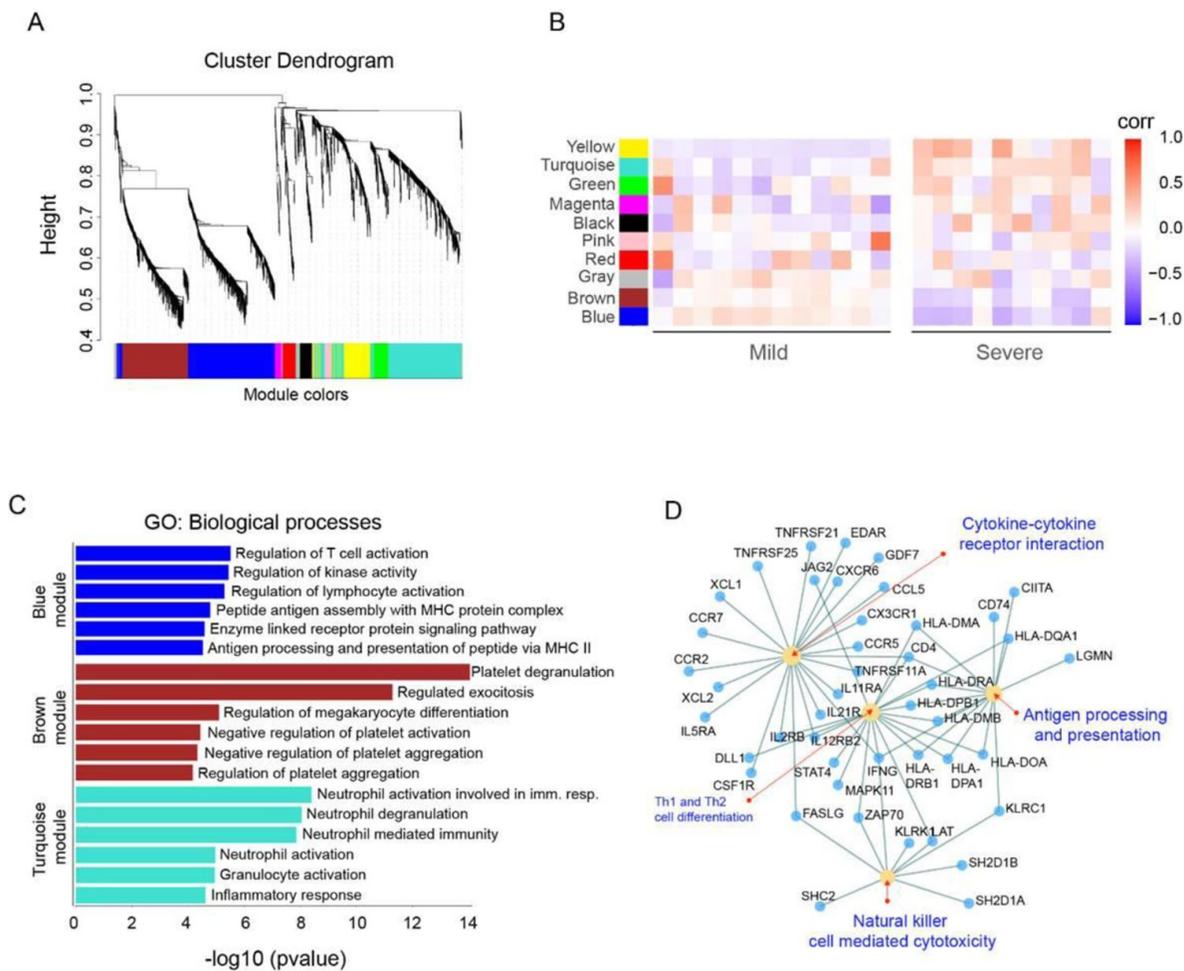
We identified genes that were coordinately expressed during COVID-19. We developed a weighted gene correlation network (WGCN) to simultaneously analyze all peripheral blood samples collected from patients during the longitudinal protocol and those from healthy donors to identify genes with coordinated expression. By using a differential co-expression approach, we identified ten modules of co-expressed genes (**Figure 5A** [↗](#)). We then used these networks to correlate each module with available clinical information of the patients by calculating the module significance (MS) for each module-trait correlation. Not surprisingly, we found that most module eigen genes grouped according to the degree of COVID-19 infection (i.e., mild or severe patients) (**Figure 5B** [↗](#)). Among co-expressed gene modules, we focused on three modules that contained the largest number of genes. These modules correspond to blue (704 genes), brown (508 genes) and turquoise (712 genes). The blue and brown modules, which are correlated positively with mild patients (**Figure 5B** [↗](#)), were enriched with genes related to T-cell activation and platelet function, respectively (**Figure 5C** [↗](#)). In contrast, the turquoise module, which was correlated positively with severe COVID-19 patients (**Figure 5B** [↗](#)), was enriched with genes related to neutrophil activation and inflammatory responses (**Figure 5C** [↗](#)).

As shown thus far, the Th1/Th2 cell differentiation pathway was relevant in the immune response of mild COVID-19 patients, and because the blue module is enriched in lymphocyte-based immune response genes, we performed a gene-gene network analysis to determine how the genes from this module might have worked in the context of an adaptive immune response. In this analysis, we found genes belonging to the NK cell-mediated cytotoxicity pathway grouped together with the cytokine-cytokine receptor interaction and Th1/Th2 cell differentiation pathways (**Figure 5D** [↗](#)). Furthermore, these genes were previously identified as differentially expressed in the NK cytolytic



**Figure 4.**

Gene function network for Natural Killer cell hub-genes with differential expression levels between mild and severe patients during acute phase of COVID-19. **(A)** KEGG pathway of Natural Killer cell mediated cytotoxicity represents the set NK cell hub-genes upregulated (red-boxes) in mild versus severe patients. The green boxes correspond to genes without differential expression. **(B)** Heatmap shows the differential expression levels of NK cell hub-genes over time (Day-0, 7, and 28 after recruitment) separated by mild and severe groups. The expression levels are represented by the z-score of normalized counts. Dendrogram shows the hierarchical clustering of genes. **(C)** Protein-protein interaction (PPI) network for upregulated genes during the acute phase in mild patients. The network corresponds to the principal clusters with more interaction between proteins and highlight the three most represented pathways: Cytokine-cytokine receptor interaction (blue); NK cell mediated cytotoxicity (red); and Th1 and Th2 cell differentiation (yellow). **(D)** Time course expression levels for the main protein nodes identified in PPI network during the acute phase of COVID-19. The trajectories of these genes are graphed as days after recruitment (0, 7, and 28 days) for mild (red triangle) and severe (green circle) groups and their enrichment is represented by the z-score of normalized counts.



**Figure 5.**

Gene co-expression network analysis among the longitudinal transcriptomic profiling. **(A)** Gene hierarchical clustering dendrogram of ten detected modules based on Topological Overlap Matrices (TOM) measure. The branches and color bands represent the assigned module. **(B)** Module-trait relationships (MTRs) between detected modules and disease severity of COVID-19. MTRs are obtained by calculating Pearson correlation between the traits and the module eigengenes. The red and blue colors indicate strong positive or negative correlations, respectively. Rows represent module eigengene (ME) and columns indicate the disease severity of COVID-19. **(C)** GO enrichment analysis of genes in the blue, brown, and turquoise modules. The color in the bar graphs refers to the module eigengene (ME). Enrichment results are sorted by  $-\log_{10}(\text{p-value})$  (higher on top) of each biological process GO term. **(D)** Network visualization of co-expression genes in the blue module (blue dots). The top 44 genes with the highest intra-modular connectivity are shown in the network. Most representative molecular pathways are shown as yellow dots.

pathway, like *KLRD1*, *KLRC3*, and *KLRC1* receptors, as well as *FASLG*, *SH2DB1A/B*, and *LAT*. All of this evidence is consistent with the interpretation that highly interconnected genes from blue module had a functional significance in limiting the progression COVID-19 in mild patients.

## Discussion

We systematically analyzed transcriptomic features of PBMCs from COVID-19 patients with mild and severe symptoms at three sequential time-points (day-0, day-7, and day-28) after diagnosis. Our longitudinal analysis revealed key temporal features of immune responses that distinguished mild from severe patients during acute disease. We observed a prominent role of Natural Killer (NK) cell mediated cytotoxicity function pathways during COVID-19 progression. These pathways include genes such as *KLRC1*, *KLRC3*, *KLRD1*, *KIR3DL2*, and *NCR3* receptors, as well as other effectors like *SH2D1A*, *PRF1*, *GZMB*, *FASLG*, *ZAP70*, *IFNG*, *CD247*, and *LAT*. Most, if not all, of these genes are implicated in regulatory processes of cytotoxicity and attraction of NK cells as part of the viral infection control mechanism (Björkström, Strunz, & Ljunggren, 2022 [↗](#)). Antiviral NK cell cytotoxicity depends on a steady state for survival, basal turn-over and their function maintenance, which are monitored by several checkpoints (Björkström et al., 2022 [↗](#); Masselli et al., 2020 [↗](#); Vivier, Tomasello, Baratin, Walzer, & Ugolini, 2008 [↗](#)). We found a dynamic transcriptomic profile of a NK cell gene-hub characterized by higher gene expression levels in individuals with mild disease compared with those with severe symptoms across 0 and 7 days. However, expression levels of these NK cell gene-hubs became more similar between mild and severe patients on day 28. In contrast to this orchestrated transcriptional response of dominant NK cells activities, we found an up-regulated gene signature consistent with dominant neutrophil activities in our severe cohort even after recovery. This finding was previously observed with the concomitant increase of IgG production and complement activation at the earliest phase of disease (J. Wang et al., 2020 [↗](#); B. Zhang et al., 2020 [↗](#); Zuo et al., 2020 [↗](#)), (Figure 2 [↗](#)).

In our NK cell gene hub, we recognized activating (*KLRC3*, *NCR3*), and inhibitory (*KLRC1*, *KIR3DL2*) genes of cytotoxicity, as well as regulatory and effector proteins (*KLRD1*, *GZMB*, and *PRF1*). All these genes could be participating in the balancing of a well-coordinated NK cell activity profile. In this sense, the *KLRD1* gene, which encodes the CD94 protein, stands out as an important node interconnecting proteins networks. This node regulates activating (NKG2E from *KLRC3* gene) and inhibitory functions (NKG2A from *KLRC1* gene), and thus modulates NK cell cytotoxicity (Borrego, Masilamani, Marusina, Tang, & Coligan, 2006 [↗](#)). Supporting this role, a previous study demonstrated the importance of CD94:NKG2E heterodimeric receptor in response to the lethal mousepox virus (Fang et al., 2011 [↗](#)). This node may be relevant for an efficient response against SARS-CoV-2 infection given the high conservation of receptors and ligands between the human and mouse pathways (Borrego et al., 2006 [↗](#)). Wauters et al. found that mild COVID-19 patients displayed an interaction of CD94:NKG2E/HLA-F between their T cells and neutrophils in bronchoalveolar lavage samples (Wauters et al., 2021 [↗](#)). On the other hand, NKG2A is an important inhibitory receptor that interacts with CD94 and together regulate NK cell functions (Borrego, Masilamani, Kabat, Sanni, & Coligan, 2005 [↗](#); N. Lee et al., 1998 [↗](#)). Our analysis showed a higher expression of NKG2A in mild than severe patients during the acute phase. Regarding the same receptor, previous research showed that NKG2A was more highly expressed in lymphocytes and NK cells during infection compared with healthy controls (Zheng et al., 2020 [↗](#)). In parallel, Zheng et al. showed a decrease of expression of NKG2A in recovering patients along with an increase of NK cell number. Collectively, this evidence supports the conclusion that CD94, and its partners, play important roles in regulating both activating and inhibitory checkpoints related to NK cell cytolytic functions. Furthermore, it substantiates the relevance of innate NK cell immune responses in combating SARS-CoV-2, and likely other coronaviruses. This pathway might also be a prominent player in controlling other infectious respiratory virus infections to promote a mild presentation of disease.

Other genes located in the NK cell hub included membrane proteins such as *SH2D1A*, *LAT*, *CD247*, *FASLG*, the enzyme *ZAP70*, and the cytokine *IFNG*. Remarkably, genes encoding *IFNG* and *CD247* were also identified as important nodes within the protein-protein interaction network during the acute phase. Considering the interactions of these nodes with proteins involved in cytokine-cytokine receptor interactions and Th1/Th2 cell differentiation pathways, it is possible that they coordinately regulated these immune responses with NK cell cytolytic functions. In this context, cytokine-cytokine receptor interaction and Th1/Th2 cell differentiation were well-represented pathways in mild patients during the acute phase highlighting that both innate and adaptive immune responses were active and effective in these patients. Particularly, CD247 (CD3 $\zeta$ ) protein is part of the T-cell antigen receptor (TCR) complex, whose low expression levels have been related to chronic inflammation and decreased T cell activity (Y. Li et al., 2021 [↗](#)). In the same line, IFNG protein is a critical player between innate and adaptive immunity after viral infection (Kang, Brown, & Hwang, 2018 [↗](#)). Giving support to this connection between innate and adaptive immune responses, it would be expected that adaptive CD8+ T cell cytolytic functions would also be enriched in mild patients due to its important role controlling viral infections (Prager & Watzl, 2019 [↗](#); Uzhachenko & Shanker, 2019 [↗](#)). Interestingly, GO/pathway-based analyses did not detect these functions as a differential player in clinical COVID-19 progression, despite the fact that some genes are shared with NK cytotoxic gene hub (Uzhachenko & Shanker, 2019 [↗](#)). This observation suggested that Th1/Th2 cell differentiation may be more essential for a successful adaptive response against SARS-CoV-2 than CD8+ T cell cytolytic function in mild patients, at least during the early phase of COVID-19. If this interpretation is credible, then cell-mediated cytolytic activities should rely on the well-regulated activity of innate NK cell subset as a primary immune response. Taking into account all these data, it is reasonable to interpret that an early fate-compromise towards NK cell activity instead of a Neutrophil effector activity may have had an important effect on subsequent processes regulating adaptive immunity. This model favors a robustly integration of innate and adaptive immune response during an effective control of COVID-19.

Until now, we have discussed relevant genes involved in immune pathways enriched in mild or severe COVID-19 progression. However, we also decided to look for genes exhibiting coordinated gene expression patterns across all our samples. We found that one module (blue module), which has a strong positive correlation with mild patients, included genes involved with metabolic pathways regulating T cell activation, kinase activity, and antigen presentation. In contrast, the turquoise module, which exhibited a strong positive correlation with severely ill individuals, contained genes associated with neutrophil-related biological processes. This finding was indicative of an opposed early fate of innate immune responses between mild and severe COVID-19 cases. Neutrophil long-term differential enrichment seen across severe cases could be related to other repercussions of SARS-CoV-2 infection, like neutrophil-induced platelet aggregation (Jevtic & Nazy, 2022 [↗](#)). Consistent with this interpretation, dysfunction of platelets has been associated with abnormal clot formation in severe COVID-19 cases (Litvinov et al., 2021 [↗](#)). In this sense, our results show that the brown module, which is negatively correlated with severe patients, displays biological processes linked to platelet degranulation activity and negative regulation of aggregation. Hence, these results are consistent with a platelet dysfunction pathology linked to severely ill patients.

We performed a pathway enrichment analysis to understand how the positive correlation of genes in the blue co-expression module related to immune response functions in mildly ill patients. Not surprisingly, the main pathways enriched included Th1/Th2 cell differentiation, cytokine-cytokine receptor interaction, antigen processing, and NK cell-mediated cytotoxicity pathways. Albeit the co-expression analysis included all samples, regardless of the severity of the disease or the longitudinal sampling. This effort revealed transcriptional programs of immune response that were consistent with the profiles detected in mild and severe patients reported in our previous investigations. This evidence supports the idea that the transcriptional regulation of cell mediated immunity in mildly ill patients is more robust than that observed in patients with severe clinical progression.

In order to identify differences in transcriptional programs associated with mild or severe outcomes, we carefully compared changes in gene expression during the acute phase. This analysis detected a broader list of genes than those found using the longitudinal analysis alone. This accomplishment was resulted from only considering the differences in gene expression between mild and severe groups, independently of quantitative changes in gene expression over-time. These results consistently showed a NK cell hub of genes being differentially expressed in mild patients. Importantly, we found novel DEGs including *KLRK1*, *KIR2DS4*, and *KLRC2*. The gene *KLRK1* codes for NKG2D protein, an activating receptor with critical importance due its interaction with the major histocompatibility complex-class-I (Zingoni et al., 2018 [↗](#)). We found that NKG2D is comparatively over-expressed between days 0 and 7 in the mild group. In line with this finding, Varchetta et al. found an increase of circulating NKG2D(-) NK cells using cell cytometry during the acute phase, which was linked to exhaustion in severe COVID-19 patients. Importantly, their sampling times ranged from hours to days after onset symptoms (Varchetta et al., 2021 [↗](#)). Additionally, the regulatory role of NKG2D in COVID-19 is also supported by Lee et al. where their results show that the viral non-structural protein 1 (Nsp1) of SARS-CoV-2 mediates its immune escape by downregulating NKG2D-Ligands, therefore decreasing NKG2D-dependent NK cytotoxic responsiveness and conferring resistance to infected cells (M. J. Lee et al., 2022 [↗](#)).

Complementary to this scenario of NK cell activating receptors being important in mitigating symptom severity as previously reported (Gardiner, 2008 [↗](#)), we found that the *KIR2DS4* gene, which belongs to the KIR receptors gene-family, was correlated with mild progression of COVID-19. This activating receptor was more highly expressed in mild patients than in severe patients at both 0 and 7 days (4-fold and 6.8-fold, respectively). In this regard, Bernal et al. found that a low expression of *KIR2DS4* was part of a distinctive immunophenotype in peripheral NK cells that was increased in severe COVID-19 individuals (Bernal et al., 2021 [↗](#)). On the contrary, Casado et al. found an enriched *KIR2DS4*(+) subset of CD56brightCD16neg peripheral NK cells in hospitalized individuals compared to mild patients, indicating a positive correlation with severity (Casado et al., 2022 [↗](#)). However, as their mild patient cohort were recruited at a mean of 60 days after diagnosis, a direct comparison with our data is not precise. Additionally, the absence of severe patients, as well as a lack of longitudinal sampling, were some of the inconsistencies between the study designs of Casado et. al. and ours, which may account for these inconsistent observations.

Another NK cell activating receptor (the NKG2C protein) encoded by the *KLRC2* gene was previously implicated as a COVID-19 marker (Fielding et al., 2022 [↗](#); Maucourant et al., 2020 [↗](#); Vietzen et al., 2021 [↗](#)). Although we did not find a significant difference in the gene expression of *KLRC2* between mild and severe groups (being excluded by our threshold criteria), we found it to be comparatively lower among severe patients compared to mild patients in both 0 and 7 days (-1.6 fold and -2.7 fold, respectively). We observed a similar trend in the control patients between 0 and 7 days in the acute phase (-1.6 fold and -1.7 fold, respectively). Surprisingly, when we compared the quantitative expression of the NKG2C gene in the severe group to the control group on day 28, we discovered an inverted pattern with respect to the acute phase in which NKG2C over-passed the levels of controls (2.1-fold). In this context, Maucourant et al, in a scRNA-Seq study performed with bronchio-alveolar lavage (BAL) from severe COVID-19 patients, showed increased NKG2C levels linked to the adaptive response of NK cells (Maucourant et al., 2020 [↗](#)). These data additionally reinforces the interpretation that NKG2C is required to mount an effective NK cell response against SARS-CoV-2 infection. Vietzen et al. found that a deletion in the NKG2C gene resulted in a significant correlation with severe COVID-19 (Vietzen et al., 2021 [↗](#)). This evidence supports the idea that the innate and adaptive immune responses are being differentially modulated in severe COVID-19 than mild patients.

Another important observation detected in our comparative analysis included enrichment of the IL-17 pathway in severe patients on day-7. Our analysis identified a group of 10 genes (*FOSL1*, *CXCL6*, *CEBPB*, *LCN2*, *TNFAIP3*, *CXCL1*, *CXCL2*, *MMP9*, *S100A9*, and *S100A*) associated with this time point. IL-17 has diverse biological functions that promote protective immunity against many

pathogens but also driving inflammatory pathology during autoimmunity. Interleukin-17-driven inflammation is normally controlled by regulatory T cells expressing the anti-inflammatory cytokines IL-10, TGFbeta, and IL-35 (Pacha, Sallman, & Evans, 2020 [↗](#)). One explanation may be that an imbalance in T cells and cytokine secretions mediated by IL-17 promote an inflammatory phenotype in patients with severe symptoms. Notably, Th17 cells were elevated on day-7 in patients with mild symptoms. These Th17 cells can display plasticity in cytokine production *in vivo* and can switch from predominantly producing IL-17 to predominantly producing IFN $\gamma$ , thereby resembling Th1 cells (Y. K. Lee, Mukasa, Hatton, & Weaver, 2009 [↗](#)). Sequential activation of STAT1 by IFNG and STAT4 by IL-12 drives optimal expression of T-bet (TBX21), a central transcription factor for Th1 programming (Y. K. Lee et al., 2009 [↗](#)). Otherwise, the activation of STAT6 by IL-4 upregulates GATA3, which is central to Th2 programming (Y. K. Lee et al., 2009 [↗](#)). All the genes related to Th1 activity (*IFNG*, *STAT4*, *TBX21*, and *IL-12*) were up-regulated in our cohort of patients exhibiting mild symptoms, which is consistent with this potential regulatory circuit (Supplementary figure 6 [↗](#)).

In conclusion, the longitudinal trajectories of gene expression, the differential GO/Pathways, and protein-protein interactions analyses, together with the co-expressed gene-gene correlation network is consistent with the existence of a regulatory transcriptional program linked to an early activation of NK cell cytotoxicity in mild COVID-19 patients. This work establishes the notion that innate immune responses are crucial for the progression of COVID-19 severity, and reinforces the importance of the NK cell cytotoxicity pathway in distinguishing between mild and severe COVID-19 progression. Taken together, these differential responses are complemented by cytokine activities and Th1/Th2 cell differentiation programs indicating a well-regulated crosstalk between innate and adaptive immune responses in the mild COVID-19 progression.

## Methods

### Patient cohort and Peripheral Blood Mononuclear Cells (PBMCs) sampling

We recruited a total of 8 patients diagnosed to be suffering from COVID-19 who were separated into two groups, one composed of 4 mild outpatients and another, conformed of 4 severe hospitalized individuals. Peripheral venous blood samples were obtained by using the venipuncture technique in Vacutainer K2 EDTA tubes (BD) from each patient three times, including two clinical stages (acute phase and convalescence). PBMC were isolated from each fresh heparinized peripheral blood sample, through density gradient centrifugation on Ficoll-Paque Plus (GE Healthcare Life Sciences) by centrifuging at 1600 rpm for 30 minutes (using minimum acceleration and no deceleration configurations). PBMC-containing fraction was then washed two times with 2 mM EDTA in PBS and stored in RNAlater solution (Sigma) at  $-20^{\circ}\text{C}$  until RNA extraction. The detailed clinical features of all patients and the detailed sampling time are shown in [Figure 1](#) [↗](#) and [Table 1](#) [↗](#). All samples were processed in a qualified BSL-2 laboratory and, according to protocols and approval from Institutional Review Boards, CEC-SSLR Ord N°226 and Ord N°399. Written informed consent was received before the participation of each patient.

### RNA extraction, library preparation, and PBMC transcriptome sequencing

Total RNA extraction was performed from PBMC by Diagenode (Belgium). RNA samples were quantified using Qubit<sup>TM</sup> RNA BR Assay Kit (Thermo Fisher Scientific, Q10210) and secondly checked for integrity using HS RNA Kit (51916575, Agilent) on a Fragment analyzer system (Agilent). The library preparation was performed using NEBnext ultraII Directional Kit and sequencing of the samples was performed on an Illumina NovaSeq 6000 instrument producing 150bp paired-end reads running Control Software 1.7.0.

## Identification of differentially expressed genes along COVID-19 progression and between disease severities

Sequencing-quality check was performed using FastQC (Andrews, 2010 [↗](#)), and low-quality reads were trimmed using Trim\_Galore! (Krueger) with `--clip_R1 3` and `--clip_R2 3` options. High-quality reads were aligned to the human reference genome version GRCh38 with STAR v2.6.1a\_08-27 (S. Zhang et al., 2022 [↗](#)). Transcript counts were generated using featureCounts v1.6.3 (Bastard et al., 2020 [↗](#)) with default settings. Differential gene expression analysis was performed in two ways using edgeR package v3.36.0 (Delorey et al., 2021 [↗](#)). Temporally and differentially expressed genes and differentially expressed genes between mild and severe COVID-19 patients at each sampling timepoint were identified using the generalized log-linear model (GLM) option in edgeR. Genes were considered as differentially expressed either with temporal expression differences or disease severity condition using a false discovery rate (FDR; Benjamini–Hochberg), an adjusted *p*-value of <0.05, and an absolute log<sub>2</sub> fold change of 2. Transcript counts (normalized using TMM approach) were used to generate heatmaps for visualization of differentially expressed genes using the pheatmap R package. Expression was scaled by row z-scores for visualization.

### Gene set enrichment analysis (GSEA)

In order to perform GSEA (Schultze & Aschenbrenner, 2021 [↗](#)), after DEGs analysis only values of log<sub>2</sub> fold change equal to or greater than 1 were considered. Then the GSEA was performed through ClusterProfiler package (v.3.16) (Yu, Wang, Han, & He, 2012 [↗](#)) in R, we evaluated the significantly enriched biological process (GO) using gseGO function and pathways from Kyoto encyclopedia of gene and genomes (KEGG) using gseKEGG function.

### Enrichment analysis of differentially expressed genes along COVID-19 progression and between mild and severe patients

Gene ontology (GO) and pathways enrichment analyses were performed with both upregulated and downregulated genes using Enrichr platform (Xiong et al., 2020 [↗](#)). Significant GO terms (Biological processes and Molecular functions) and pathways (KEGG and Reactome) were calculated from the adjusted *p*-value (*q*-value) using the Benjamini-Hochberg method for correction for multiple hypothesis. Considering a difference of one unit in z-score between the two severity groups, for mild patients we analyzed 365, 359, and 101 genes for days 0, 7, and 28 respectively, while for severe patients we analyzed 369, 414, and 136 genes for day 0, 7, and 28 respectively.

### Weighted correlation network analysis (WGCNA)

Based on the assumption that differentially expressed genes may explain transcriptional differences observed between mild and severe COVID-19 patients. Read counts from differentially expressed genes among all samples were selected as a reference set for construction of a weighted gene co-expression networks and modules detection. Co-expressed gene modules were constructed using WGCNA R package v1.71 (Langfelder & Horvath, 2008 [↗](#)) under a signed networks approach because it provides a better understanding of molecular regulatory mechanisms at the systemic level, facilitating better separation of modules in terms of biological performances. To do so, we removed outliers using the adjacency function and a standardized connectivity score of < -2.0; then we used the pickSoftThreshold function to identify the soft thresholding power  $\beta$  value, which was subsequently transformed into a Topological Overlap Matrix (TOM). Next, an average linkage hierarchical clustering analysis was performed based on the TOM dissimilarity (1-TOM) and modules were detected through a dynamic hybrid tree cutting algorithm. After the modules were identified, the module eigengene (ME) was summarized by the first principal component of the module expression levels. Module-trait relationships (MTRs) were

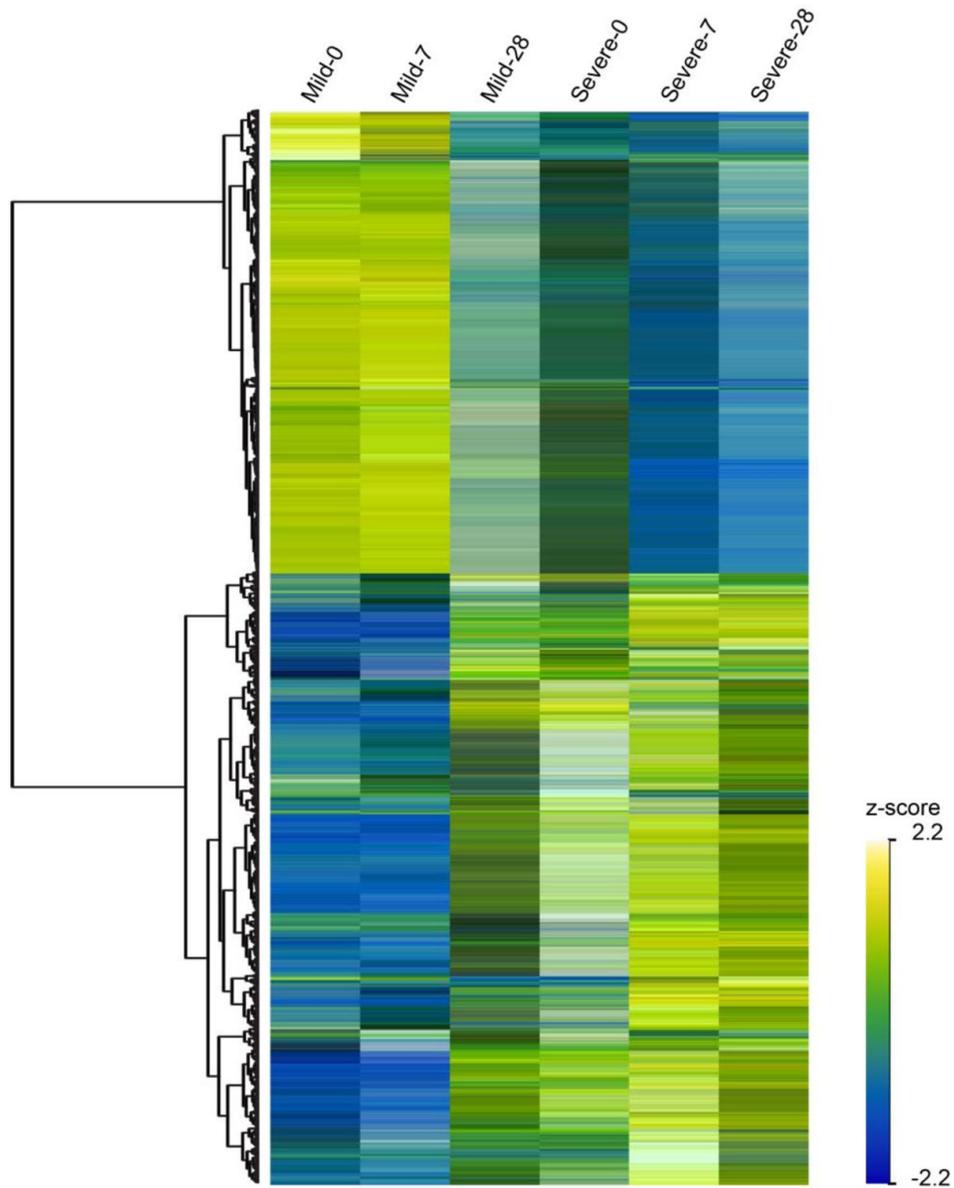
estimated using Pearson correlation between MEs and disease severity. To evaluate the correlation strength, we calculated the module significance (MS) that is defined as the average absolute gene significance (GS) of all genes involved in a module.

### **PPI network**

All genes with differential trajectories over time (#827 genes) were included to construct a protein-protein interaction network (PPI) by STRING V11.5 (Szklarczyk et al., 2020 [↗](#)). After clusterization, we focused our analysis on the principal cluster (1 of 3) with the highest connectivity between genes and highlighted the genes involved in the most significant pathways according to KEGG.

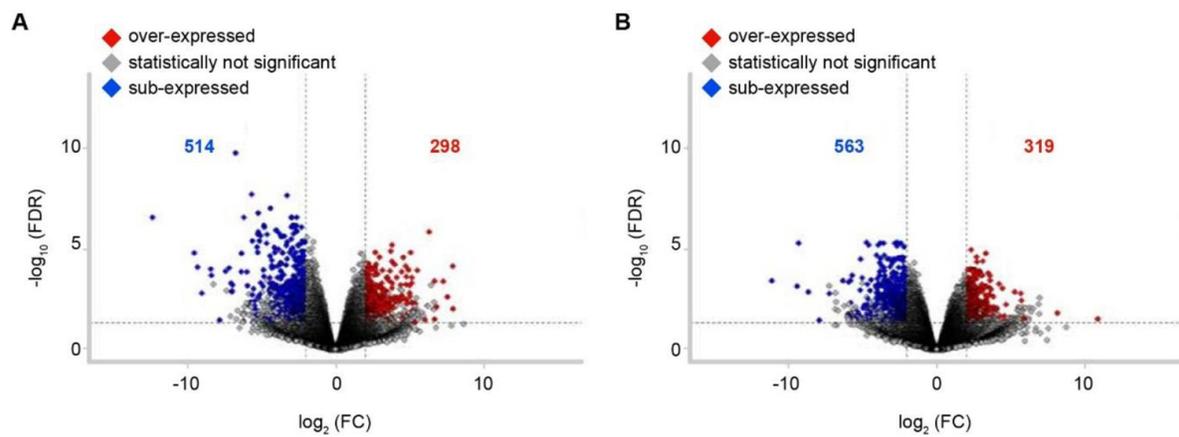
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**Figure 1 – figure supplement 1.**

Heatmap of temporally and differentially expressed genes over the course of COVID-19 progression. At the top, each column corresponds to the sampling points (0, 7, and 28 days since recruitment) of mild and severe patients. Genes are displayed as horizontal rows and are clustered by the similarity of expression profiles, represented by the dendrogram to the left of the heatmap. To the right of the heatmap, yellowish color indicates higher expression, while bluish color means lower expression represented by the z-score of normalized read counts.

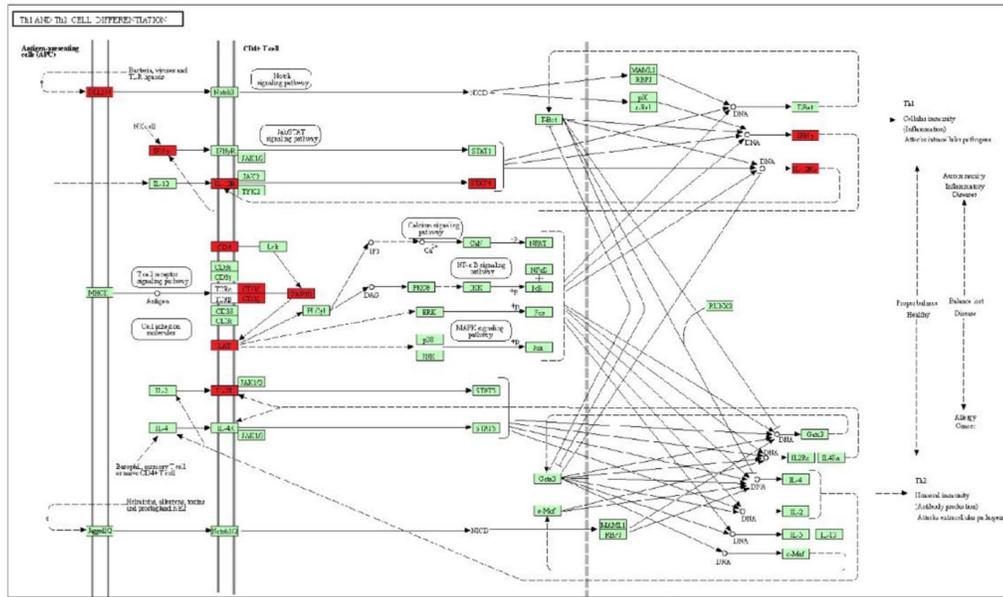


**Figure 1 – figure supplement 2.**

Volcano plot depicting pairwise gene expression comparisons for detecting DEGs between mild and severe COVID-19 patients at day 0 (**A**) and day 7 (**B**). Red and blue indicate genes that were significantly up- and down-regulated at a particular sampling point, based on filtering by  $\text{FDR} \leq 0.05$  and the absolute value of  $-\log_{10}(\text{FC}) (\geq 2.0)$ . The remaining genes that do not show differential expression are indicated in gray. FDR = False discovery rate; FC = Fold change.

**A**

KEGG graph of Th1 and Th2 cell differentiation



**B**

KEGG graph of Cytokine-Cytokine receptor interaction

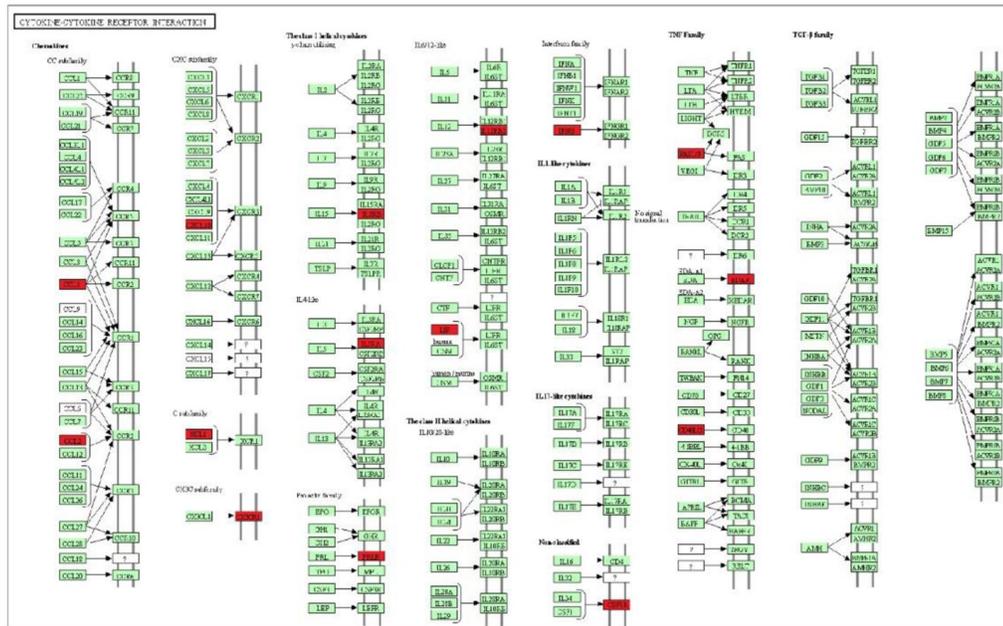
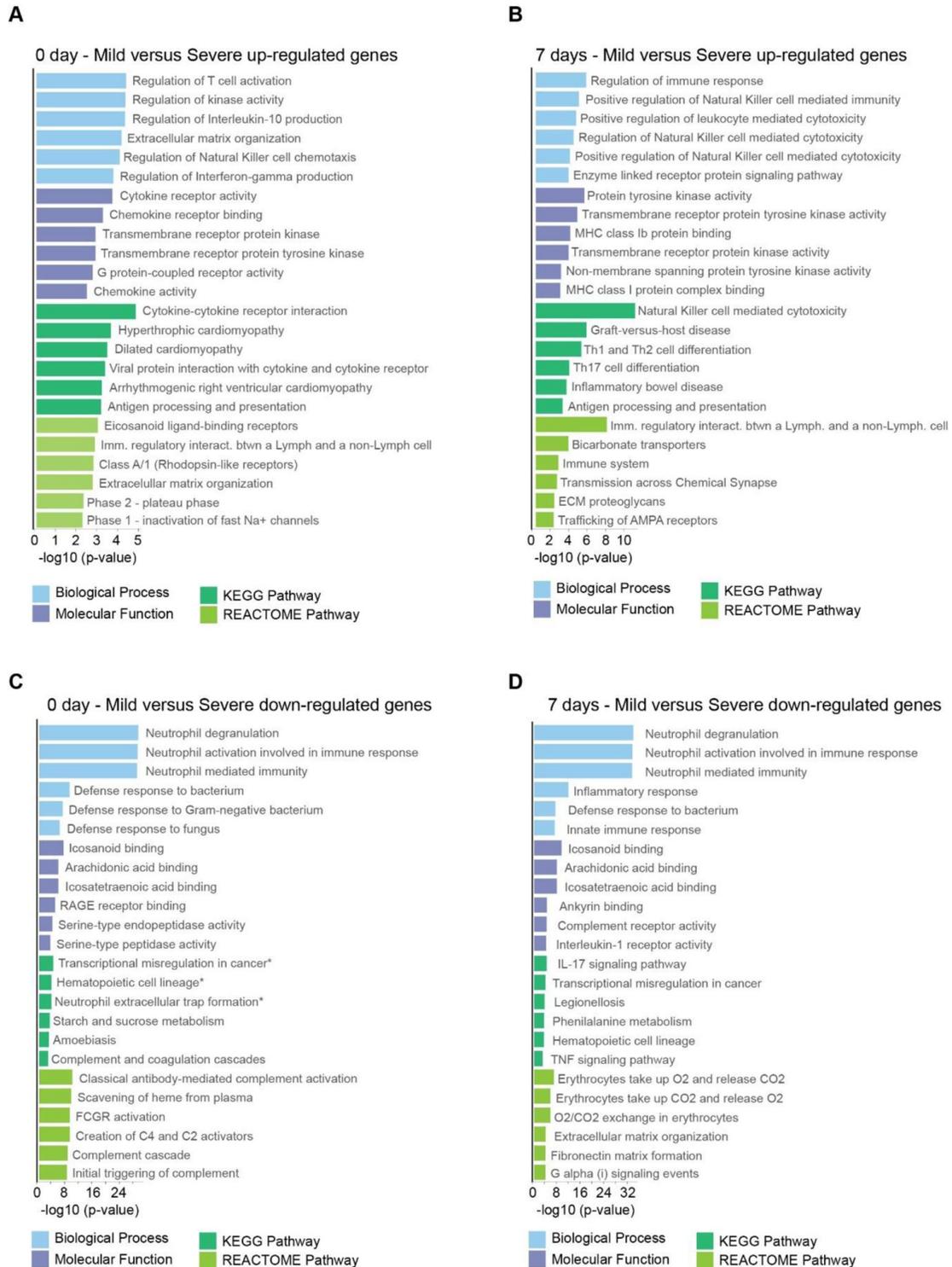


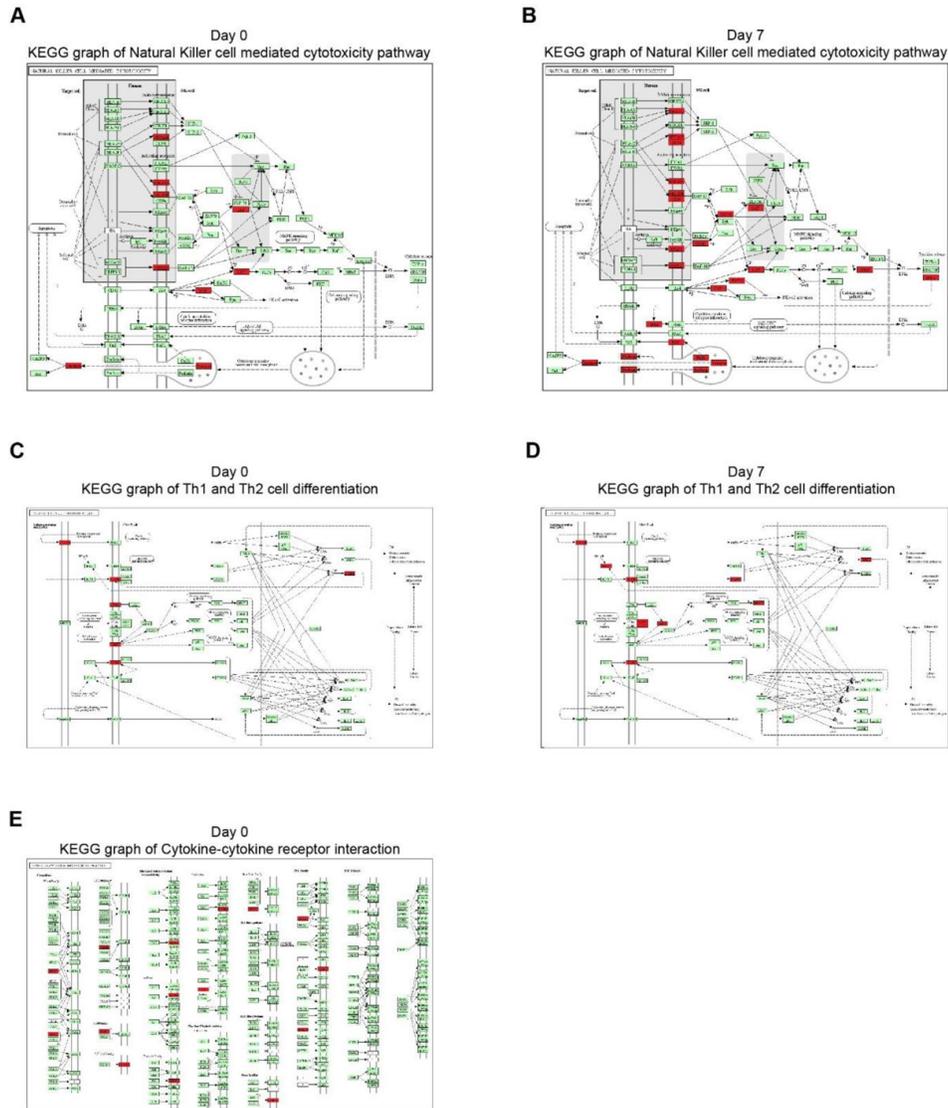
Figure 4 – figure supplement 1.

KEGG graphs show genes differentially expressed overtime of the Th1 and Th2 cell differentiation pathway (A) and the Cytokine-cytokine receptor interaction pathway. (B) Red boxes depict up-regulated genes in mild COVID-19 patients during the acute phase of the disease, whereas green boxes depict genes without significant differential gene expression within the KEGG pathways.



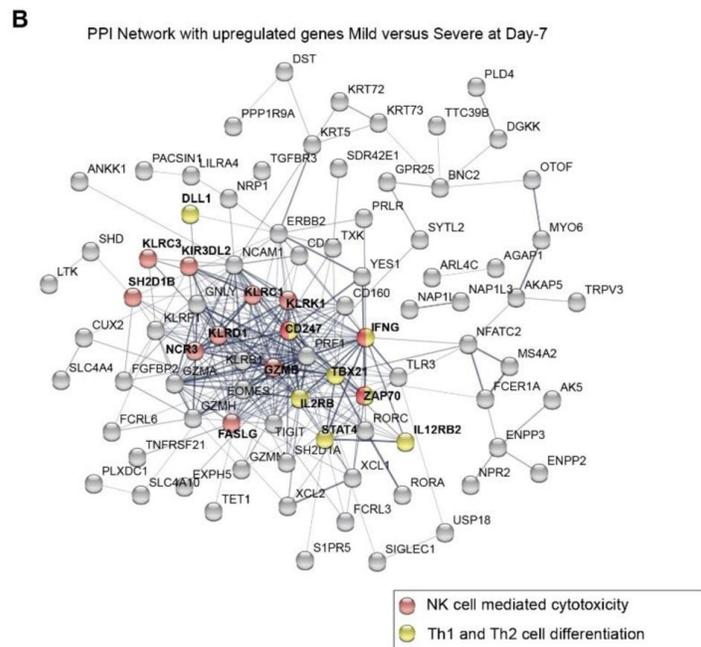
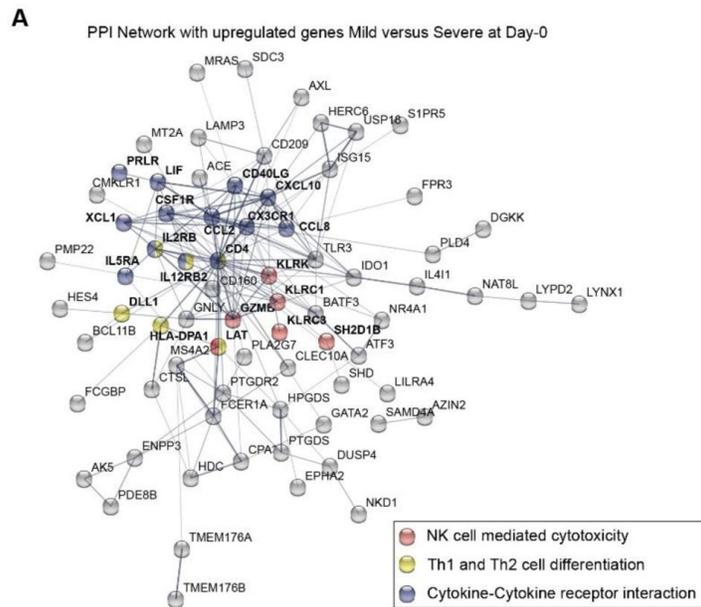
**Supplementary Figure 4.**

Gene Ontology (GO) and KEGG and REACTOME pathways analyses of differentially expressed genes (DEGs) found in the pairwise comparison between day 0 and day 7 of COVID-19 infection. Bar graphs showing the enrichment of GO biological processes (in blue color), GO molecular functions (in purple color), KEGG pathways (in dark green color), and Reactome pathways (in light green color) between mild and severe COVID-19 patients. Enrichment results are sorted by  $-\log_{10}(p\text{-value})$  (higher on top) with a cut-off for DEGs  $\geq 4$  fold-change considering the up-regulated genes at day 0 (**A**), up-regulated genes at day 7 (**B**), down-regulated genes at day 0 (**C**), and down-regulated genes at day 7 (**D**).



### Supplementary Figure 5.

KEGG graph show genes with differential expression found in the pairwise comparison (day 0 vs day 7) from Natural Killer cell-mediated cytotoxicity pathway for up-regulated genes in mild COVID-19 patients at day 0 (**A**) and day 7 (**B**), from Th1 and Th2 cell differentiation pathway at day 0 (**C**) and day 7 (**D**), and from cytokine-cytokine receptor interaction pathway at day 0 (**E**). Red boxes depict up-regulated genes, whereas green boxes depict genes without significant differential gene expression within each KEGG pathway.



**Supplementary Figure 6.**

Protein-protein interaction (PPI) network graphs show the up-regulated genes found in the pairwise comparison (day 0 and day 7) in mild versus severe COVID-19 patients. **(A)** Topological representation of the PPI network of up-regulated genes in mild patients on day 0. **(B)** Topological representation of the PPI network of up-regulated genes in mild patients on day 7. Some nodes are color-coded to highlight proteins involved in the following pathways: Cytokine-cytokine receptor interaction (blue), NK cell-mediated cytotoxicity (red); and Th1 and Th2 cell differentiation (yellow).

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### Reviewer #1 (Public Review):

Summary:

Medina et al, 2023 investigated the peripheral blood transcriptional responses in patients with diversifying disease outcomes. The authors characterized the blood transcriptome of four non-hospitalized individuals presenting mild disease and four patients hospitalized with severe disease. These individuals were observed longitudinally at three time points (0-, 7-, and 28-days post recruitment), and distinct transcriptional responses were observed between severe hospitalized patients and mild non-hospitalized individuals, especially during 0- and 7-day collection time points. Particularly, the authors found that increased expression of genes associated with NK cell cytotoxicity is associated with mild outcomes. Additional co-regulated gene network analyses positively correlate T cell activity with mild disease and neutrophil degranulation with severe disease.

Strengths:

The longitudinal measurements in individual participants at consistent collection intervals can offer an added dimension to the dataset that involves temporal trajectories of genes associated with disease outcomes and is a key strength of the study. The use of co-expressed gene networks specific to the cohort to complement enrichment results obtained from pre-determined genesets can offer valuable insights into new associations/networks associated with disease progression and warrants further analyses on the biological functions enriched within these co-expressed network modules.

Weaknesses:

There is a large difference in terms of infection timeline (onset of symptom to recruitment) between mild and severe patient cohorts. As immune responses during early infection can be highly dynamic, the differences in infection timeline may contribute to differences in transcriptional signatures. The study is also limited by a small cohort size.

<https://doi.org/10.7554/eLife.94242.1.sa2>

### Reviewer #2 (Public Review):

In their manuscript, Medina and colleagues investigate transcriptional differences between mild and severe SARS-CoV-2 infections. Their analyses are very comprehensive incorporating a multitude of bioinformatics tools ranging from PCA plots, GSEA and DEG analysis, protein-protein interaction network, and weighted correlation network analyses. They conclude that in mild COVID-19 infection NK cell functionality is compromised and this is connected to cytokine interactions and Th1/Th2 cell differentiation pathways cross-talk, bridging the innate and the adaptive arms of the immune system.

The authors successfully recruited participants with both mild and severe COVID-19 between November 2020 to May 2021. The analyzed cohort is gender and acceptably age-matched and the results reported are promising. Signatures associated with NK cell cytotoxicity in mild

and neutrophil functions in the severe group during acute infection are the chief findings reported in this manuscript.

<https://doi.org/10.7554/eLife.94242.1.sa1>

**Reviewer #3 (Public Review):**

**Summary:**

Medina and colleagues explored transcriptional kinetics during SARS-CoV-2 between non-hospitalized and hospitalized cohorts and identified that early NK signaling may be responsible for less severe disease.

**Strengths:**

The paper includes extremely detailed analyses and makes an interesting attempt to link innate and adaptive responses. The analyses are appropriate for the data and described in clear language. The inclusion of late time points is interesting and potentially relevant to long COVID studies. Most findings were compatible with other detailed immune mapping during severe COVID-19.

**Weaknesses:**

1. The authors claim to be looking at the earliest stages of infection but this is not true as all patients enrolled are already symptomatic. The time points selected are unlikely to be useful clinically for biomarker selection as they are too late, and are likely beyond the point when the immune responses between severe and mild infection start to diverge.
2. The comparator timepoints between mild and severe cases do not match. The most comparison would be between day 7 of mild versus day 0 of severe which is already fairly late during infection.
3. The authors mention viral clearance but I see no evidence of viral loads measured in these individuals.
4. The cohort is quite small to draw definitive conclusions.
5. It is uncertain whether the results are applicable to current conditions as most infected people are immune experienced.
6. I found the discussion to be a bit too detailed and dense. I would suggest editing to make it more streamlined.

<https://doi.org/10.7554/eLife.94242.1.sa0>